



## Program Objectives and Guiding Questions

In the Sacred Diversities program, you will be exploring these topics

- Study the foundational tenets of all six orthodox schools of Indian philosophy that form a web of philosophical diversity within Hinduism. Schools include: Pūrva-Mīmāṃsā, Vedānta (Uttara-Mīmāṃsā), Advaita Vedānta, Dvaita, Vedānta and Viśiṣṭādvaita, Yoga, Sāṃkhya, and Nyāya-Vaiśeṣika.
- Through podcast interviews and videos, become exposed to a diverse blend of practitioners, monastics, and intellectuals who interface with Hinduism and yoga.
- Engage specifically with these questions as we analyze various traditions:
  - How is the problem of human suffering articulated and what is the remedy?
  - What is the relationship between empirical reality and metaphysical realms?
  - How are notions of the soul and/or true self defined?
  - How are various conceptions of God or reasoning for atheistic and agnostic positions presented?
  - What is the purpose of spiritual life within each tradition, and how are the primary practices elucidated?
- Give students time and opportunities to articulate to themselves, through reflective writing and conversations, how they are responding personally to the material, how it's impacting their views and self-understanding.